

**GROVELAND COUNCIL ON AGING  
BOARD OF DIRECTORS MEETING  
MINUTES 10/19/2016**

**CALL TO ORDER:** 9:35 AM. Motion by Ron Mertens, second by Dot DiChiara.

**ATTENDING:** Anita Wright, Lynne Stanton, Ron Mertens, and Dot DiChiara

**ABSENT:** Frank Sadowski and Laurel Puchalski

**MINUTES:** Review of minutes from September 21, 2016. Motion to accept with one correction (all were present, no one was absent) by Dot DiChiara, second by Anita Wright.

**TREASURER REPORT:** Reviewed and accepted as submitted. Motion to accept by Ron Mertens, second by Anita Wright

**DIRECTOR'S REPORT: Old Business:** Quick review and discussion of prior business.

**New Business:** Lynne attended the 9/22 Building Committee meeting and gave a presentation of our Senior Center Tour Data and what was learned by the group. Also discussed at the meeting were proposed committee changes. Anita Wright and Ron Mertens were absent. The next meeting of the Building Committee was set for 10/20/2016 at 6:00 P.M.

*\* Ron mertens will no longer be on committee. AS approved unanimously.*

**COMING EVENTS:** Coming events are posted in the current newsletter.

**NEXT MEETING:** November 16, 2016, 9:30 AM, at the Public Safety Building.

**ADJOURNED:** 10:30 AM. Motion to adjourn by Ron Mertens, second by Anita Wright.

**SUBMITTED:** Anita Wright

TOWN CLERK  
RECEIVED/POSTED

2016 NOV 16 AM 11:09

TOWN OF GROVELAND

# Groveland Council On Aging

## *Director's Report*

October 19, 2016

### Old Business

- ☞ **MVRTA Bus Service to River Pines** No update.
- ☞ **Birthday Bash** In spite of price increase, good attendance at our October party (18 attended).
- ☞ **Police Harvest Dinner** (Wed., Oct 19 at 5:30) sold out early. 100 reservations taken. *Very popular event.*
- ☞ **Elder Mental Health Outreach Team (EMHOT)** We referred 6 folks to EMHOT in September / early October. Police responded to calls and made referrals. COA did as well.

### New Business

- ☞ **Elders** *Another* protective service report filed this month with Elder Services. Police / ESMV follow up.
- ☞ **Staff** All is well. Katherine's had to adjust her schedule to accommodate a family member's appointments. Walt will be on vacation beginning w/of Nov. 13). Hugh may retire at end of November (to Florida Dec., Jan., Feb.). One response to small "van driver help wanted" blurb included in Sept./Oct. newsletter. Will check with Denise re. procedure to post.
- ☞ **MCOA (Mass Councils on Aging) Conference** Workshops on October 27 & 28 (Thurs./Fri.). Of particular interest is "*What it takes to develop and build a successful center for older adults.*" Discussion.
- ☞ **Van** Left rear rubber bumper to be replaced. Two front tires to be replaced. COA will be charged by MVRTA for those items. 4 rear tires will be replaced at no cost. Safety inspection due in November.
- ☞ **SHINE** 12 SHINE appointments already done this month. Rx coverage seems to be the primary focus.
- ☞ **FY17 Budget** On track. See Treasurer's Report. Discussion.
- ☞ **2 PCs Purchased** We ordered 2 PCs for Katherine and I (thru Denise / gov't site). Nisha's laptop replaced in June. \$2,000 total. Current PCs are slow, software's outdated and they freeze. Technology funds requested/recv'd by Denise through Capital Improvement Committee to upgrade Town Hall. ½ done before end of June 2015. Per Denise, issue is time to install. As we're purchasing through COA expense line item, Denise agreed to set up ours within a few weeks of their delivery.
- ☞ **Capital Improvement Committee** Met with committee the evening of Oct. 11 (joined by Ron Mertens, Dot Dichiarra and Anita Wright). Van scheduled for purchase in 2019. Already in CIC 5 yr. plan. I requested \$40,000 for new Senior Center Feasibility Study for FY2017. Discussion.
- ☞ **State Formula Grant** Per MCOA (Mass Councils On Aging director), Formula Grant will likely be reduced to \$12,882 (\$9.50 per elder/based on 2010 census of 1,356). Was \$13,560 = loss of \$678. Receipt of funds due start of 2017.
- ☞ **Donations** Ocasio's Martial Arts is again donating 5 turkey baskets. Our Little Wonders Preschool doing a food drive for the COA.
- ☞ **COLA** Recv'd notice that Social Security to increase 0.3% for 2017 ([www.ssa.gov](http://www.ssa.gov)). Average Soc Sec increase will be ~ \$4.00. No info on Medicare B premium yet. Go to [www.medicare.gov](http://www.medicare.gov) for update.

### Coming Events

- ☞ **Flu Clinics** Oct. 19 10am - Noon, Oct. 26 5-7pm, Nov. 3 5-7pm, Nov. 9 10-11am
- ☞ **Halloween** Town Hall will close at 4:30 on Mon., Oct. 31 to celebrate Halloween.
- ☞ **"Medicare 2017"** Tuesday, Nov. 1 at 9:30am. Town Hall. Handouts w/ updates.
- ☞ **November Holidays** COA closed Nov. 11 (Vet's Day), Nov. 24 and Nov. 25 (Thanksgiving)
- ☞ **Birthday Bash** Thurs., Nov. 10. Entertainment w/ Howie Newman. Chicken pot pie, squash, stuffing.
- ☞ **Men's Breakfast** Tues., Nov. 15 at 8:30. Sports talk with Bill Burt from the *Eagle Tribune*.

Next COA Board Meeting:

**Date: November 16 Time: 9:30am**

**Public Safety Building – Conference Room**



Medigap Carriers	Supplement Core Monthly Premium	Supplement 1 Monthly Premium	Dental, Vision, or Hearing Benefits?*		Core Includes Foreign Travel?	Fitness/Weight Loss Benefit
			Types	Additional Premium		
Blue Cross & Blue Shield of MA (Medex) 1-800-678-2265 (sales) 1-800-258-2226 (member services) <a href="http://www.bluecrossma.com/medicare">http://www.bluecrossma.com/medicare</a>	\$93.61	\$183.10	Vision & Hearing	\$4.56	Yes	Yes
Fallon Community Health Plan 1-866-330-6380 (sales) 1-800-868-5200 (member services) <a href="http://www.fchp.org/medicare-choices">http://www.fchp.org/medicare-choices</a>	\$126.00	\$229.00	Vision	None	No	Yes
Harvard Pilgrim Health Care 1-800-782-0334 (sales) 1-877-907-4742 (member services) <a href="http://www.harvardpilgrim.org">http://www.harvardpilgrim.org</a>	\$112.00	\$212.00	None	N/A	Yes	Yes
Health New England 1-877-443-3314 <a href="http://www.healthnewengland.com">http://www.healthnewengland.com</a>	\$108.00	\$199.00	None	N/A	Yes	Yes (Supp. 1 only)
Humana 1-800-872-7294 (sales) 1-800-866-0581 (member services) <a href="http://www.humana-medicare.com">http://www.humana-medicare.com</a>	\$163.45 (7/1/16)	\$260.51 (7/1/16)	Dental & Vision	\$13.35	No	No
Tufts Health Plan 1-800-714-3000 (sales) 1-800-701-9000 (member services) <a href="http://www.tuftsmedicarepreferred.org">http://www.tuftsmedicarepreferred.org</a>	\$104.76 (waiting for 2017 rates)	\$194.00 (waiting for 2017 rates)	Vision	None	Yes	Yes
United HealthCare 1-800-523-5800 <a href="http://www.aarphealthcare.com">http://www.aarphealthcare.com</a> Only for members of AARP	\$122.75	\$219.25	None	N/A	No	No
<b>Medex Choice</b> Hybrid between Medigap & Medicare Advantage. Consult BC/BS for details		\$136.69	No Vision & Hearing	N/A	No	None

\* Dental, vision, and hearing benefits may be limited. Consult the plan's Outline of Coverage for full details.

# 2017 Medicare Part D Stand Alone Prescription Drug Plans



Massachusetts

Updated 10/06/16 - This chart is not approved by CMS

Organization Name	Plan Name / Plan ID #	Monthly Premium	Deductible	Monthly Premium After Full LIS	Prescription Cost/Tiers 30 Day Supply - Preferred Pharmacy	Prescription Cost/Tiers 90 Day Supply - Mail	PA Mail Order
Aetna Medicare www.aetnamedicare.com (1-855-338-7030)	Aetna Medicare RX Saver (55810-036)	\$33.30	\$310**	\$0.00	\$1/2/30/35%/25%	\$3/6/90/35%	x
Blue MedicareRx www.rnmedicareplans.com (1-877-479-2227)	Blue Medicare Rx-Value Plus (52893-001)	\$43.10	\$280**	\$8.30	\$3/8/35/40%/27%	\$3/16/70/40%	x
Blue Medicare Rx-Premier Cigna-HealthSpring Rx Secure-Xtra (55617-247) Sanctioned (1-800-735-1459) www.cignahealthspring.com	Blue Medicare Rx-Premier (S2893-003)	\$127.70	\$0	\$92.90	\$4/9/30/70/33%	\$4/18/60/140	x
Envision Rx Plus www.envisionrxplus.com (1-866-250-2005)	Envision Rx Plus (57894-002)	\$14.60	\$260**	\$0.00	\$1/15/10%/25%/27%	\$2/45/10%/25%	
Express Scripts Medicare www.express-scriptsmedicare.com (1-866-477-5704)	Express Scripts Medicare Value (55660-105)	\$43.10	\$400	\$8.30	\$0/3/36/48%/25%	\$3/6/108	
Express Scripts Medicare Choice (55660-206)	Express Scripts Medicare Choice (55660-206)	\$80.50	\$350**	\$45.70	\$2/7/23/48%/26%	\$0/4/25%	
First Health Part D www.firsthealthpartd.com (1-855-389-9688)	First Health Part D Value Plus (55768-126)	\$39.60	\$0	\$9.40	\$2/5/47/50%/33%	\$6/15/141/50%	
First Health Part D Premier Plus (55768 - 186)	First Health Part D Premier Plus (55768 - 186)	\$95.20	\$0	\$60.40	\$1/2/34/50%/33%	\$3/6/102/50%	
Humana www.humana-medicare.com (1-800-706-0872)	Humana Walmart Rx Plan (55884-149)	\$17.00	\$400**	\$7.90	\$1/4/20%/35%/25%	\$0/8/20%/35%	
Humana Preferred Rx Plan (55884-102)	Humana Preferred Rx Plan (55884-102)	\$28.90	\$400	\$0.00	\$0/1/20%/35%/25%	\$0/0/15%/30%	
Humana Enhanced (55884-002)	Humana Enhanced (55884-002)	\$62.10	\$0	\$27.30	\$3/7/42/44%/33%	\$0/0/116/44%	
SilverScript www.silverscript.com (1-866-552-6106)	SilverScript Choice (55601-004)	\$32.30	\$0	\$0.00	\$3/13/42/44%/33%	\$7.50/32.50/105/44%	x
SilverScript Plus (55601-005)	SilverScript Plus (55601-005)	\$67.90	\$0	\$33.10	\$0/3/27/40%/33%	\$0/0/67.50/40%	x
UnitedHealthcare www.uhcmedicareolutions.com (1-800-753-8004)	AARP Medicare Rx Walgreens (50522-081)	\$22.40	400**	\$2.20	\$0/3/27/32%/25%	\$0/9/81/32%/25%	
Symphonix Value Rx (1-855-283-2958)	Symphonix Value Rx (50522-079)	\$30.60	\$400	\$0.00	\$1/2/26/35%/25%	\$3/6/78/35%/25%	
AARP MedicareRx Saver Plus (1-888-867-5564)	AARP MedicareRx Saver Plus (55921-348)	\$32.70	\$400	\$0.00	\$1/2/18/30%/25%	\$0/0/49/30%/25%	x
AARP MedicareRx Preferred (1-888-867-5564)	AARP MedicareRx Preferred (55820-002)	\$67.30	\$0	\$32.50	\$2/10/36/38%/33%	\$0/0/93/38%/33%	x
WellCare www.wellcarepdp.com (1-888-900-4307)	WellCare Classic (54802-076)	\$28.10	400*	\$0.00	\$0/16/39/46%/25%	\$0/40/97.50/46%	x
WellCare Extra (54802-099)	WellCare Extra (54802-099)	\$65.90	\$0	\$33.70	\$0/0/28/45%/33%	\$0/0/70/45%	x

Pink highlighted basic plans have a premium below 2017 benchmark of \$34.83 All plans are National except Blue Cross plans Plan copayments listed above are for preferred pharmacies. Contact plan for more details.

\*Tier 1 or \*\*Tier 1 and 2: Medications not subject to plan deductible. Most plans have 5 tiers; preferred generic / non-preferred generic / preferred brand / non-preferred brand / specialty  
Late enrollment penalty based on 2017 National Base Beneficiary Premium of \$35.63 - (Penalty is 1% each month one did not have creditable coverage)

# 2017 Preferred Pharmacies Chart

Updated 10/7/16

	Big Y	Costco	CVS	Hanna ford	Kmart	Medicine Shoppe	Osco	Rite Aid	Safe way	Sam's Club	Shaws	Stop & Shop	Target	Walgreens	Wal-mart	Wegmans
AARP Medicare Rx Saver & AARP Rx Preferred				✓			✓				✓	✓		✓	✓	✓
AARP Medicare Rx Walgreens														✓		
Aetna Medicare Rx Saver		✓			✓		✓	✓	✓	✓	✓			✓	✓	✓
Blue Medicare Rx		✓	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓
*Cigna Health Spring Rx Plans				✓	✓	✓	✓	✓	✓		✓			✓	✓	✓
*Envision Rx Plus	✓	✓		✓		✓	✓	✓				✓		✓		✓
Express Scripts Medicare Plans														✓		
First Health		✓			✓	✓	✓		✓	✓	✓			✓	✓	✓
Humana E: Enhanced P: Preferred W: Walmart										E,P,W ✓				P ✓	E,P,W ✓	
*SilverScript Plus	✓		✓										✓	✓		
Symphonix Health Plan												✓		✓	✓	✓

\*Also includes various independent pharmacies

This chart was produced by the SHINE program and was not approved by CMS. For more details and to verify this information, contact the plan directly.



**2017  
Essex County  
Medicare Advantage Plans**

Information as of 10/14/2016

Rev.2



LOCAL HELP FOR PEOPLE WITH MEDICARE

Organization Name	Plan Name	Type of Plan	2017 Monthly Premium	Change in Premium	Drug Benefit	Drug Deductible
BCBS of Mass 1-800-678-2265	Medicare HMO Blue ValueRx (H2261-019)	HMO	\$39.00	\$10.00	Yes	\$320.00 t3-5
	Medicare HMO Blue PlusRx (H2261-005)	HMO	\$295.00	\$59.50	Yes	\$200.00 t3-5
	Medicare PPO Blue SaverRx (H2230-017)	PPO	\$0.00	\$0.00	Yes	\$400.00 t3-5
	Medicare PPO Blue PlusRx (H2230-002)	PPO	\$230.00	\$49.50	Yes	\$200.00 t3-5
	Medicare PPO Blue ValueRx (H2230-016)	PPO	\$79.00	\$20.00	Yes	\$320.00 t3-5
	Medicare HMO Blue FlexRx (H2261-021)	HMO POS	\$99.00	\$0.00	Yes	\$260.00 t3-5
Fallon 1-888-377-1980	Fallon Senior Plan Super Saver Rx ( H9001-032)	HMO	\$0.00	\$0.00	Yes	\$400.00
	Fallon Senior Plan Saver (H9001-029)	HMO	\$19.00	\$0.00	No	NA
	Fallon Senior Plan Saver Enhanced Rx (H9001 030)	HMO	\$54.00	-\$2.00	Yes	\$300.00 t3-5
	Fallon Senior Plan Plus Enhanced Rx (H9001-031)	HMO	\$164.00	-\$2.00	Yes	\$0.00
Harvard Pilgrim 1-877-906-4742	Stride HMO Value RX (H1660-009)	HMO	\$57.00	\$9.00	Yes	\$320.00 t3-5
	Stride HMO Value Rx Plus (H1660-001)	HMO	\$148.00	\$10.00	Yes	\$0.00
UnitedHealthCare 1-800-547-5514	AARP Medicare Complete Plan 1 (H1944-007)	HMO	\$0.00	\$0.00	Yes	\$0.00
	AARP Medicare Complete Plan 2 (H1944-008)	HMO	\$42.00	-\$3.00	Yes	\$0.00
	AARP Medicare Complete Plan 3 (H1944-023)	HMO	\$76.00	New	Yes	\$0.00
	AARP Medicare Complete Choice (R7444-001)	Reg - PPO	\$47.00	-\$3.00	Yes	\$0.00
Tufts 1-866-974-0118	Tufts Medicare Preferred Saver Rx (H2256-028)	HMO	\$0.00	\$0.00	Yes	\$350.00 t3-5
	Tufts Medicare Preferred Basic No Rx (H2256-042)	HMO	\$34.00	\$0.00	No	NA
	Tufts Medicare Preferred Basic Rx (H2256-026)	HMO	\$59.00	\$3.10	Yes	\$300.00 t3-5
	Tufts Medicare Preferred Value No Rx (H2256-019)	HMO	\$117.00	\$0.00	No	NA
	Tufts Medicare Preferred Value Rx (H2256-018)	HMO	\$145.00	\$3.70	Yes	\$250.00 t3-5
	Tufts Medicare Preferred Prime No Rx (H2256-016)	HMO	\$154.00	\$0.00	No	NA
	Tufts Medicare Preferred Prime Rx (H2256-015)	HMO	\$182.00	\$3.60	Yes	\$0.00
	Tufts Medicare Preferred Prime Rx+ (H2256-001)	HMO	\$214.00	\$1.80	Yes	\$0.00
<b>Special Needs Plans</b> XXX <b>Special Needs Plans</b>						
Com. Care Alliance 1-866-610-2273	Senior Care Options Program (Dual Eligible) (H2225-001)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
	One Care SNP (H0137-001)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
Fallon Senior Plan 1-877-255-7108	Navi Care (Dual Eligible) (H9001-019)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
		HMO SNP	\$0 *	\$0.00	Yes	\$0 *
SeniorWholeHealth 1-888-566-3526	Senior Whole Health (Dual Eligible) (H2224-001 & 003)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
Tufts Health Plan 1-877-218-4835	Senior Care Options (Dual Eligible) (H2256-029)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
UnitedHealthCare 1-888-834-3721	UnitedHealthCare Senior Care Opt (Dual Elig) (H2226-001)	HMO SNP	\$0 *	\$0.00	Yes	\$0 *
	UnitedHealthCare Nursing Home Plan (Inst) (H2228-001)	PPO SNP	\$29.20	\$0.90	Yes	\$360.00

\* Individuals eligible to enroll into Dual Eligible Special Needs Plans receive Extra Help, which subsidizes monthly premium and deductible